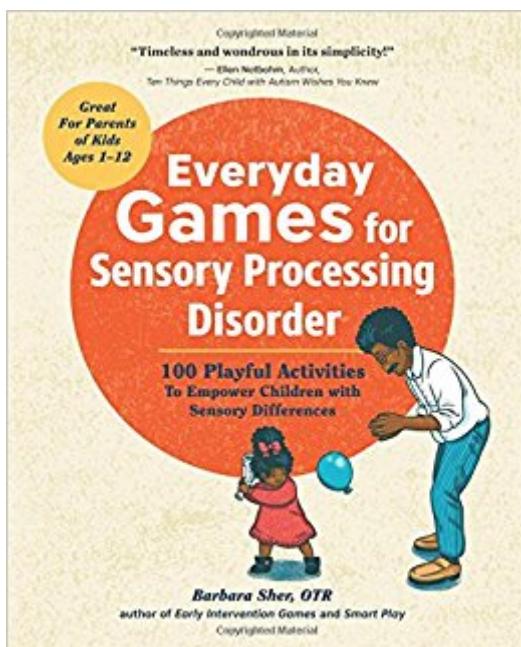


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# Everyday Games For Sensory Processing Disorder: 100 Playful Activities To Empower Children With Sensory Differences



## Synopsis

Award-winning author and occupational therapist Barbara Sher has over 45 years experience helping children with sensory processing disorder, autism and Asperger's learn and thrive. In this new solutions-based guide, she's collected 100 sensory-rich games that make working with your child a joy. Whimsy and wisdom pour forth from this wonderful book. The fun and functional sensory-motor ideas are easily adaptable to suit all environments, all abilities, all kids and all their grown-ups. *Carol Stock Kranowitz, Author of The Out-of-Sync Child and The Out-of-Sync Child Has Fun*If you're looking for new strategies to manage your child's sensory processing disorder, this book is a perfect companion to classics such as *The Out-of-Sync Child* and *Raising a Sensory Smart Child*.*Everyday Games for Sensory Processing Disorder* advocates play as the most effective approach for children with sensory processing disorder, and illustrates the many ways that play can lead to significant breakthroughs, including: 100 fun and simple games for parents to play with their kidsAn easy-to-grasp overview of sensory processing disorder Inventive ideas for engaging kids, using materials easily found around the houseInclusive games geared toward varying degrees of development, with modifications for older children

## Book Information

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## Customer Reviews

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in its simplicity... Barbara deeply understands that kids are kids, and her approach to play as the ultimate therapy means joy for kids and their families in nearly any language and culture. *Ellen Notbohm, Author of Ten Things Every Child with Autism Wishes You Knew* This is a very special resource for families living with Sensory Processing Disorder (SPD). Rather than a technical manual, Barbara has combined a series of games and fun activities designed to remediate sensory processing issues through fun... I couldn't be more supportive of this interesting and fun book! *Lucy Jane Miller, Ph.D, OTR, Clinical Director, STAR Center and Research Director, Sensory Processing Disorder Foundation* This book is full of sensory smart games children will adore! From super sensitive kids who need help getting more comfortable exploring sensory experiences to kids who crave more sensory input to feel and function at their best, this is a terrific collection parents, teachers and therapists will treasure. *Lindsey Biel, Occupational Therapist and Co-author of Raising a Sensory Smart Child: The Definitive Handbook for Helping Your Child with Sensory Processing Issues* I love everything about this book. Barbara has made a difficult topic easy to understand with the way she writes and I know you will walk away from this book empowered to help your children with their development. *Becky Horace, SEEK Magazine*

Award-winning author and occupational therapist Barbara Sher, OTR, "The Games Lady" has over 45+ years experience working with children to help them develop a natural love of play to enhance sensory, motor and social skills. She is a regular contributor to Parenting for Special Needs and Sensory Focus magazines. Visit her online at [gameslady.com](http://gameslady.com).

You can't see me, but I'm nodding "yes, yes, great resource". Many of these games are fairly simple, which is actually great because you can remember them on a whim and actually execute being able to play them. I LOVE how the sections are organized by sensory process and how "ages" are flagged. It's cute, well written, and engaging. The thing I couldn't tell you for sure is what actually "it does". It will specifically say "this exercise is great if your child is a nonlistener", but I haven't been doing the exercises long enough (or consistently enough, for that matter) to know if it actually (significantly) changes the behavior. All around though, it encourages a connection with your child in a way that is interesting to them, which is basically a can't miss. Good resource for parents of kids with SPD or I'd say anyone with kids, really!

As someone who works with children and young adults with sensory issues (some of whom are on

the autistic spectrum), I found this book absolutely fascinating. These activities can, of course, be used with any child, but they specialize in stimulating all the senses, including proprioception (the sense of where our bodies are in space). I loved how the book separated the activities by the sense stimulated by them and mentioned an age-range for which the activity would be most appropriate. These activities sound like a great idea for how to build tolerance in areas of difficulty for children with sensory issues- I might even share this book or mention the title to our occupational therapist!! I received this product for free in exchange for my honest and unbiased review.

A very nice book with a quality cover and pages. The font makes it easy to read. Part one includes a brief description of SPD, the most common sensory issues, and why it is important to play games at home. The great games in part two are very well organized. They are organized by games for sight, touch, balance, taste, smell, movement, sound, gross motor skills, fine motor skills, and social skills. Every game includes a suggested age range for the game and some games have suggested modifications for older children. All supplies can be found in the house are very inexpensive to purchase. I have been given this book in exchange for my honest review.

This book is written in an easy to follow format and offers a variety of great games for children with sensory processing disorders and for children in general. I love that this book includes background information on what a sensory processing disorder is and also goes into detail about the ten most common sensory issues. The book is very well organized into sections for each of the ten sensory issues. Each section includes a variety of games and displays the age range the activity is intended for. I also love that it includes a list of toy suggestions as well as physical activities to help children with sensory processing disorder. I would highly recommend this book to anyone who works with or has children!! I received this product for free in exchange for my honest and unbiased review.

This book is informative and fun book. Even if your children do not seem to have sensory issues it is a great book to play fun games with them. I have grandchildren and played the game with them on hide and seek. Putting a small toy in a bowl of rice. My grandchildren said I like the feel of the rice. All children will benefit from this lovely book. There are 100 games!!

As a parent of two kids with suspected Sensory Processing Disorder (SPD), I love this book! The introduction was an overview for me but it was great for explaining SPD to my husband in a way he

could quickly and easily understand. (He has ADD and would not read a full book on SPD. The overview provided just the right amount of information!) I was most excited for the games. The book provides options for games to increase sensory process broken down by sensory issue and age. There are even ways to adapt certain games for older children. The games in this book will be played often in our house! I received this product for free in exchange for my honest and unbiased review.

I was given the chance to order this book a review it. I was very interested as 2 family members were recently diagnosed with sensory processing disorders and I work with children who have this difficulty also. I love the way the book is organized into different areas of need. The games are clearly described and easy to do with common household items. It is a great resource and can be adapted to many different skills and needs.

I received this product for free in exchange for my honest and unbiased review. As an OT, I am always looking for new ideas for my kids and their families, and this book fits the bill. It provides a nice overview of SPD, followed by 100 games to play that are appropriate for kids with sensory processing dysfunction and even their typically developing siblings. When I saw the pages on playing with food, I knew Barbara Sher's ideas would be perfect for several of my patients! This book seems to be focused toward families more than therapists, and I like how it can grow with their child from early intervention up through the elementary school years, keeping everyone happy and regulated.

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